

Succeeding as an ALT

1. What do you think is expected from you as an ALT? How would you describe a model ALT?

2. In what ways can you become more successful in your role as an ALT?

My Personal Goal Review

Complete this worksheet to **define your goals**. Then, fill in an action plan worksheet for each goal.

Respond freely in the boxes below. Consider the following categories and their roles in your life: artistic, attitude, career, educational, financial, physical, pleasure, public service, relationships.

Where I am	What I want while in JET	What I want after JET

Questions to ask yourself...

1. What do I want to achieve on JET and after?

2. What is my purpose for living in Japan? What do I envision for myself after JET?

3. What are some goals that I want to achieve on JET?

4. What are some goals that I want to achieve after JET?

5. Where do I want to be in five years? Ten years?

What goals can you identify in your answers?

For each goal you can identify, photocopy and complete an action plan worksheet (on the back).